



## BOOST YOUR DAY, EVERYDAY!

Sol Roast is an Arabica style instant coffee blend designed to enhance focus and boost energy levels, while providing the authentic taste of a traditional Ethiopian brew.

### How does Sol Roast work?

Sol Roast combines a mix of natural botanicals, plant extracts, amino acids and nootropics that are designed to help promote a state of balance throughout the day.

- This product contains amino acid that contributes to healthy mood, memory and metabolism.
- Contribute to levels of alertness and support an energetic state.
- Helps to support fatigue and may contribute to immunity function.

## WHAT'S IN SOL ROAST?

**INGREDIENTS:** Arabica Coffee, Acacia Fibre, Caffeine Anhydrous, Sodium Bicarbonate, Gamma-aminobutyric acid, L-Citrulline, Guarana Extract, Anti-caking agent (Silicon Dioxide), L-Theanine, Green Tea Extract, Mucuna Pruriens Extract, Noto Ginseng, L-Tyrosine,

NUTRIENT REFERENCE VALUES (NRV)*		
INGREDIENT	PER DAILY DOSAGE	% NRV
Coffee 100% Arabica	2592mg	**
L-Citrulline	75mg	**
Guarana Extract 22% Caffeine	75mg	**
of which Caffeine	16.5mg	**
L-Tyrosine	5mg	**
Caffeine Anhydrous	162.5mg	**
Mucuna Pruriens Extract 4:1 (Equivalent to 50mg)	12.5mg	**
L-Theanine	50mg	**
Green Tea Extract 95% Polyphenols 20:1 (Equivalent to 500mg)	5mg	**
Korean Ginseng (20% Ginsenosides) 10mg 10:1 Extract (Equivalent to 100mg)	10mg	**
Green Coffee extract	50mg	**
Korean Ginseng Extract 10:1 (Equivalent to 100mg)	10mg	**
Chromium (as Picolinate)	100 µg	250
Vitamin B6 (as Pyridoxine hcl)	2.8mg	200
Vitamin B12 (as Methylcobalamin)	12.5 µg	500
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
** Daily value not established		
<b>INGREDIENTS:</b> Spray-Dried Coffee, Acacia Fibre, Caffeine Anhydrous, Sodium Bicarbonate, Anti-caking agent (Silicon Dioxide), L-Citrulline, Guarana Extract, L-Theanine, Green Coffee Extract, Green Tea Extract, Mucuna Pruriens Extract, Korean Ginseng Extract, L-Tyrosine, Pyridoxine hcl, Chromium Picolinate, Methylcobalamin.		
<b>CONTAINS:</b> 230mg Caffeine		
For Batch and BBE please see base		

**DIRECTIONS:** For adults, as a dietary supplement add one serving (one scoop or one packet) to 8 ounces of hot or cold water. Mix well.

**CALORIES 4.7Kcal**

**FAT 0.029g**

**CARBS 0.216g**

**PROTEIN 0.317g**

\*\*Results may vary and are not typical. If you are pregnant or nursing, under the care of a physician, or have a medical condition, consult your physician before taking. \*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

